



**REPORT OF EXTENSION AND
OUTREACH PROGRAM DURING
ACADEMIC YEAR 2014-15**

In line with Chitkara University's vision to educate the students globally through curricular and co-curricular activities, Chitkara University, Punjab organized various events including seminars, workshops, activities and awareness sessions for the holistic development of students. Events were organized to foster civic engagement in students in collaboration with National Service Scheme, National Cadet Corps, N.G.O Yuvsatta (Chandigarh), NGO SIAM (Patiala), NGO Kisan Sanchar (Zirakpur), Village Jhansla, Thuha and in association with other Adopted Villages. Many departments and 2863 students were a part of events. The events also incorporate social responsibilities amongst students. A comprehensive summary of various events is as hereunder:

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3.	Awareness programme on Menstrual hygiene	Chitkara School of Health Sciences	36	5
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13.	Awareness programme on T.B.	Chitkara School of Health Sciences	70	18
14.	Awareness programme on Stress Management	Chitkara School of Health Sciences	40	19

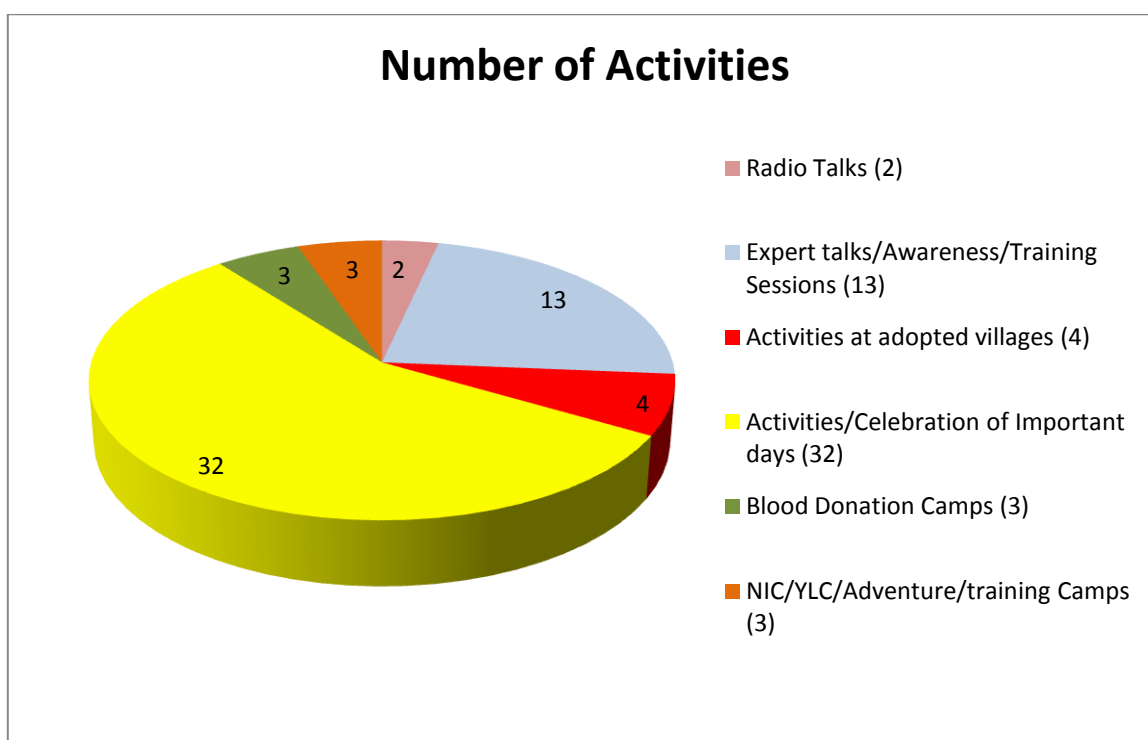
Sr. No	Name of the Activity/Event	Organising unit/ agency/ collaborating agency	No. of Participants	Page No.
15.	Awareness programme on Drug Addiction	Chitkara School of Health Sciences	30	20
16.	Awareness programme on prevention of cancer	Chitkara School of Health Sciences	30	21
17.	Awareness Programme on Female Reproductive Disorders	Chitkara School of Health Sciences	30	22
18.	Awareness programme on Behavioural Disorders	Chitkara School of Health Sciences	30	23
19.	Kargil Vijay Diwas	Chitkara University, Punjab	13	24
20.	Independence Day Celebration and Tree Plantation Drive	Chitkara University, Punjab	13	25
21.	Annual Training Camp, Rupnagar	NCC Academy Ropar	12	26
22.	Republic Day celebrations	Chitkara University, Punjab	17	27
23.	Field Visit To Science Exhibition At Leisure Valley	Chitkara College of Education in collaboration with NGO SIAM Patiala	6	28-29
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28.	Diabetes Awareness Day	Chitkara Business School in collaboration with NGO SIAM Patiala	100	37-38
29.	Human & Child Rights Day	Chitkara Business School in collaboration with NGO kisan sanchar	132	39-40
30.	World Disability Day	Chitkara Business School in collaboration with NGO kisan sanchar	98	41-42
31.	Market Exposure Activity	FTKMC, Mumbai	27	43
32.	Retail Project	Big Bazar, Zirakpur in collaboration with NGO Kisan Sanchar	65	44
33.	Safer Internet Day	Chitkara Business School in collaboration with NGO SIAM Patiala	72	45-46

Sr. No	Name of the Activity/Event	Organising unit/ agency/ collaborating agency	No. of Participants	Page No.
34.	Anti Drug Abuse Campaign	Chitkara Business School in collaboration with NGO Kisan Sanchar	63	47-48
35.	Awareness Program through 107.8 FM Radio Chitkara	Chitkara College of Pharmacy in collaboration with MOU- Sarpanch of Village Thuha and other adopted villages	2	49-50
36.	Celebration of International Women Day	Chitkara College of Pharmacy in collaboration with NGO Yuvsatta	100	51-52
37.	Sports and Fitness activity	Chitkara College of Sales and Marketing in collaboration with NGO Yuvsatta	18	53
38.	Effectiveness of Visual Merchandising	Chitkara College of Sales and Marketing in collaboration with NGO kisan sanchar	20	54
39.	Workshop on Self-Defense (Women Empowerment)	Chitkara University Institute of Engineering and Technology in collaboration with NGO Yuvsatta	100	55
40.	Radio Talk on Eye Donation Awareness	Chitkara School of Health Sciences in collaboration with MoU- sarpanch of Village Thuha and other adopted villages	15	56
41.	Flood Relief Programme for Jammu and Kashmir	Chitkara School of Planning and Architecture	180	57
42.	Workshop On Disaster Risk Assessment of The Bank Square Area of Sector- 17 Chandigarh	Chitkara School of Planning and Architecture in collaboration with NGO yuvsatta	90	58-59
43.	Exhibition On Disaster Risk Assessment of The Bank Square Area of Sector 17 Chandigarh	Chitkara School of Planning and Architecture in collaboration with NGO SIAM Patiala	90	60-61
44.	Social Welfare Initiative at Pingalwara	Chitkara School of Planning and Architecture	40	62-63
45.	6 Month Basic Computer Course Training	Punjabi Welfare Society	53	64-66
46.	6 Month Basic Computer Course Training	Punjabi Welfare Society	44	67-68
47.	7 Day Nss Camp	Chitkara School of Planning and Architecture	40	69-72
48.	Celebration of World Heart Day	Chitkara School of Health Sciences	50	73-74
49.	Celebration of World Sight Day	Chitkara School of Health Sciences	30	75-77

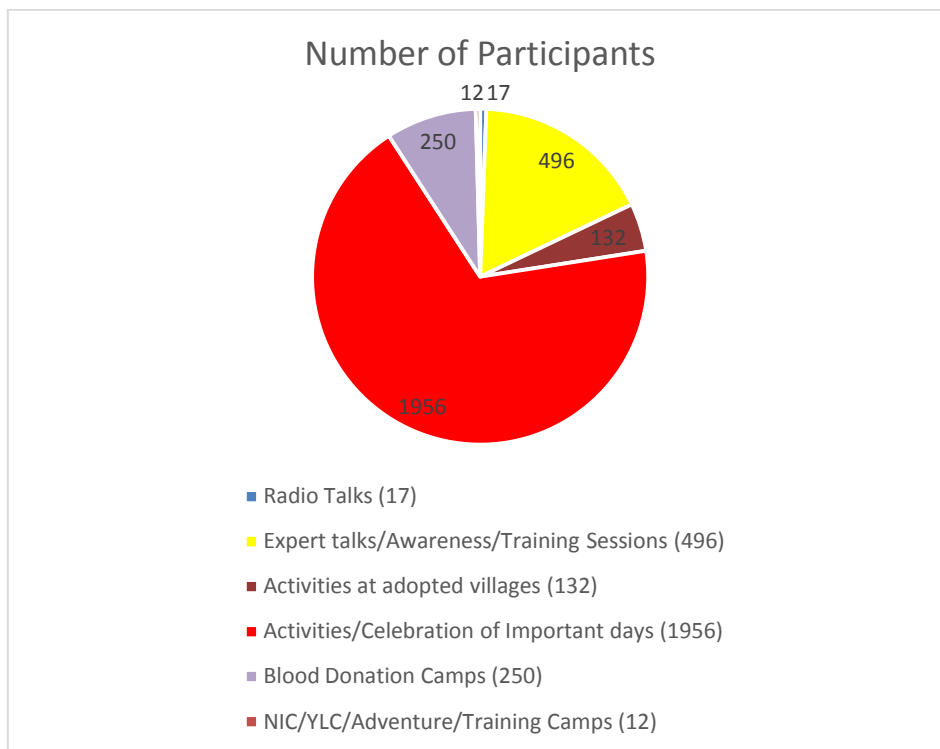
Sr. No	Name of the Activity/Event	Organising unit/ agency/ collaborating agency	No. of Participants	Page No.
50.	Celebration of Mental Health Day	Chitkara School of Health Sciences	50	78-79
51.	Blood Donation Camp	Chitkara University Institute of Engineering and Technology	100	80-85
52.	Celebration of National Unity Day	Chitkara College of Education	40	86
53.	Blood Donation Camp	Chitkara College of Pharmacy and Chitkara University Institute of Engineering and Technology	75	87-92
54.	Workshop on HIV/ AIDS	Chitkara School of Health Sciences	85	93
55.	Blood Donation Camp	NSS, Chitkara University, Punjab	75	94-99
56.	Awareness Program on Menstrual Hygiene	Chitkara School of Health Sciences	75	100-106
57.	Celebration of Organic Holi	Chitkara School of Mass Communication	60	107
58.	Trip to Pingalwara	Chitkara College of Education	50	108-112

REPORT AT A GLANCE

Sr. No.	Name of the Activity	Number of the Activities
1	Radio Talks	2
2	Expert talks/Awareness/Training Sessions	13
3	Activities at adopted villages	4
4	Activities/Celebrations of Important days	32
5	Blood Donation Camps	3
6	NIC/YLC/Adventure/training Camps	3



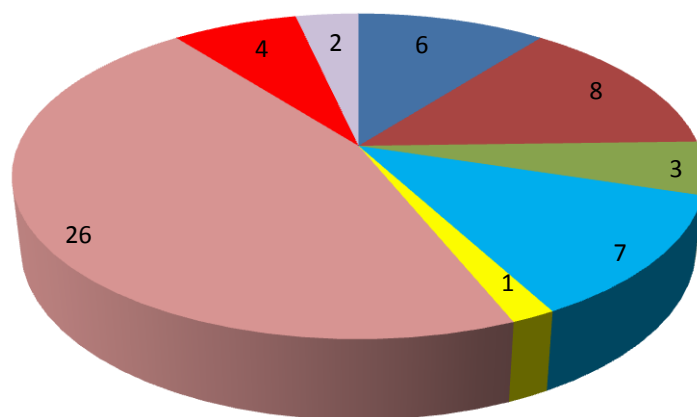
Name of the activity	Number of Participants
Radio Talks	17
Expert talks/Awareness/Training Sessions	496
Activities at adopted villages	132
Activities/Celebration of Important days	1956
Blood Donation Camps	250
NIC/YLC/Adventure/training Camps	12



Collaboration with NGO's & Villages	Number of Activities
Chitkara University Social Responsibility & in Collaboration with NGO SIAM Patiala	6
Chitkara University Social Responsibility and in collaboration with NGO Kisan sanchar	8
Chitkara University Social Responsibility and in collaboration with Village Jhansla	3
Chitkara University Social Responsibility & in Collaboration with NGO Yuvsatta	7
Chitkara University Social Responsibility and in collaboration with Village Thuha	1
National Service Scheme	26
National Cadet Corps	4
Punjabi Welfare Society	2

Number of Activities with NGO's & Villages

- Chitkara University Social Responsibility & in Collaboration with NGO SIAM Patiala (6)
- Chitkara University Social Responsibility and in collaboration with NGO Kisan sanchar (8)
- Chitkara University Social Responsibility and in collaboration with Village Jhansla (3)
- Chitkara University Social Responsibility & in Collaboration with NGO Yuvsatta (7)
- Chitkara University Social Responsibility and in collaboration with Village Thuha (1)
- National Service Scheme (26)
- National Cadet Corps (4)
- Punjabi Welfare Society (2)



HEALTH EDUCATION ON WORLD AIDS DAY

Date: 1st December, 2014

On the World AIDS Day, December 1st 2014 the students of Department of Nursing has Delivered health t talk in govt high school Jhansla. The health talk was given by Bsc (n) 2nd year 33 students. They enlightened the public with importance of undergoing screening for HIV infection which is available free in government sectors. The present status of this program and the myth factors in society has been explained the talk was concluded by Mrs. Daljit Kaur, Block Extension Educator, CHC, Kalomajra with her practical experience in the various villages under the surveillance program. It was really a gap filling session between theoretical aspect and practical feasibility of National AIDS Control Program.



Health Education on World AIDS Day (1st December 2014)

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AWARENESS PROGRAMME ON MENSTRUAL HYGIENE

Date: 17th January 2015

Department of Nursing in collaboration with NSS department of Chitkara University organized an Awareness programme on menstrual hygiene on 17th January 2015. Total 36 Students of BSC. Nursing 2nd year participated in the program Students discussed about the various measures of menstrual hygiene and its effects on health. Also, the program shed light on how various gynecological disorders can be prevented by maintaining the menstrual hygiene.



**Students Attending Awareness
Programme on Menstrual
Hygiene (17th January 2015)**

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AWARENESS PROGRAMME ON COMMON GYNAECOLOGICAL PROBLEMS
Date: 31st January 2015

Department of Nursing in collaboration with NSS department conducted an awareness program on Common gynecological problems on 31st January 2015. Total 30 Students of IHM hostel (girls) actively participated in it. The education was given on various gynecological disorders, their causes, treatment and prevention. Emphases were laid on the importance of women health and the role of women in the society.



**Students Attending the Awareness program on
common Gynecological Problems (31st
January, 2015)**

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HEALTH CAMP FOR TODDLERS

Date: 06th February, 2015

Department of nursing organized a health camp by B.Sc. (N) 2nd year students 33 on 6th feb 2015 at Anganwadi centre Jhansla. Assessment of toddlers (weight, height, and BMI) done by our students under the supervision of Ms. KiranpreetKaur. Students also talked about nutrition, malnourishment of children.



[Health Assessment of Toddlers (BM1)
(6th February 2015)]

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Checking BMI (Weight& Height) (6th February 2015)

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UNIVERSAL IMMUNIZATION PROGRAMME, KALOMAJRA

DATE: 11th February, 2015

Department of Nursing celebrated Universal Immunization day on 11.feb.2015 at Community Health Center, Kalomajra. B.Sc nursing students gave the health talks under the supervision of Ms. Kiranpreetkaur, Assistant Professor Chitkara University. Students arranged the immunization cards and Display charts to aware the people about various diseases and control methods.



Health Talk on Various Diseases (11th February 2015)

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SCHOOL HEALTH PROGRAMME, ELEMENARY SCHOOL, JHANSLA

Date: 18thFebruary, 2015

As a part of Community Health Nursing curriculum B.Sc Nursing 2ND year **33 students** have conducted a school health program in ELEMENTARY SCHOOL, JHANSLA on January 18 FEB 2015 under the supervision of Ms. KiranpreetKaur. The school is situated in the heart of village Jhansla near to the main village road towards left side of CHC. The program started from 11 am till 1 pm and there were around 50 students in the school from standard 1 to 5 with two senior teachers. Students have given health talk on personal hygiene focusing on brushing technique and hand washing technique. General health check up with height, weight, BMI and oral cavity inspection was done for the students. Students have well cooperated with the program and they actively participated in the demonstration of hand washing technique. At the end of the program Chitkara students have distributed a token of love to each student with useful school stationary items.



Health Education given to students in School
(18th February 2015)

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AWARENESS PROGRAMME ON HIV AIDS

Date: 21stFebruary 2015

Department of Nursing under NSS organized the World AIDS DAY. 20 Student enrolled for NSS participated enthusiastically. The event was conducted by Ms. Kiranpreet Kaur on 21stFebruary 2015 for boys and girls who were accommodating in the hostel. The activities conducted were poster making competition and expert talk by the faculty. The activities were adjudged by Ms. Neelam Verma program coordinator CU, Dr. Harmeet Kaur, Principal, Department of Nursing.



Poster Making Competition (21st
February 2015)

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Poster on HIV AIDS Displayed (21st February 2015)

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Prize Distribution to Winners (21st February 2015)

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Altitude	276

PULSE POLIO CAMPAIGN

Date: 22-24 February,2015

As a health professional it is a great opportunity to take part in National Health Programs. **36 B.Sc Nursing Students** was a part of two National Health Programs- National Vector Borne Disease Control Program and National Pulse Polio Program. In National Vector Borne Disease Control Program our students help them in door to door survey and data collection. National Pulse Polio Program was on 22-24 Feb 2015. Students were given training for the Pulse Polio Program.

Students were divided into small groups and were assigned with polio booth on first day and last two days were door to door. Students gained knowledge regarding the implementation of National Health Programs like planning phase, action phase and recording phase. The student work was appreciated and provided with certificates of participation.



Pulse Polio Campaign (22-24 February 2015)

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HEALTH AWARENESS TALK CAMP, JHANSLA VILLAGE
Date: 26th February, 2015

B.Sc. Nursing Students 33 of Department of Nursing have conducted a health mela on 26th Feb 2015 in the community area in village Jhansla. Venue of the mela was in front of the anganwadicentre Jhansla. The mela started at 11 am and ended by 2 pm. As Wednesday was the immunization day of CHC we got maximum audience pool. B.Sc. Nursing were divided into various groups under for different health talk under the supervision of Ms. KiranpreetKaur. The main topics were lifestyle diseases mainly hypertension and diabetes, anemia, stress management, antenatal care, under five care and regarding environmental sanitation.



Health Talk given to Community people on Prevention & management of diseases (26th February 215)

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AWARENESS PROGRAMME ON UTI/ STD'S

Date: 14th March 2015

Department of Nursing under NSS organizes the expert talk on UTI and STD'S. 25 Students have enrolled for NSS participated enthusiastically. The event was conducted on 14th March 2015 for girls who were accommodating in the hostel. The activities conducted were expert talks by the faculty Ms. Aarti, Clinical Instructor, department of nursing. Students cleared their queries about myths and consequences of UTI and STD'S.



Faculty is delivering a lecture (14th
March 2015)

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Student attending the awareness programme
(14th March 2015)

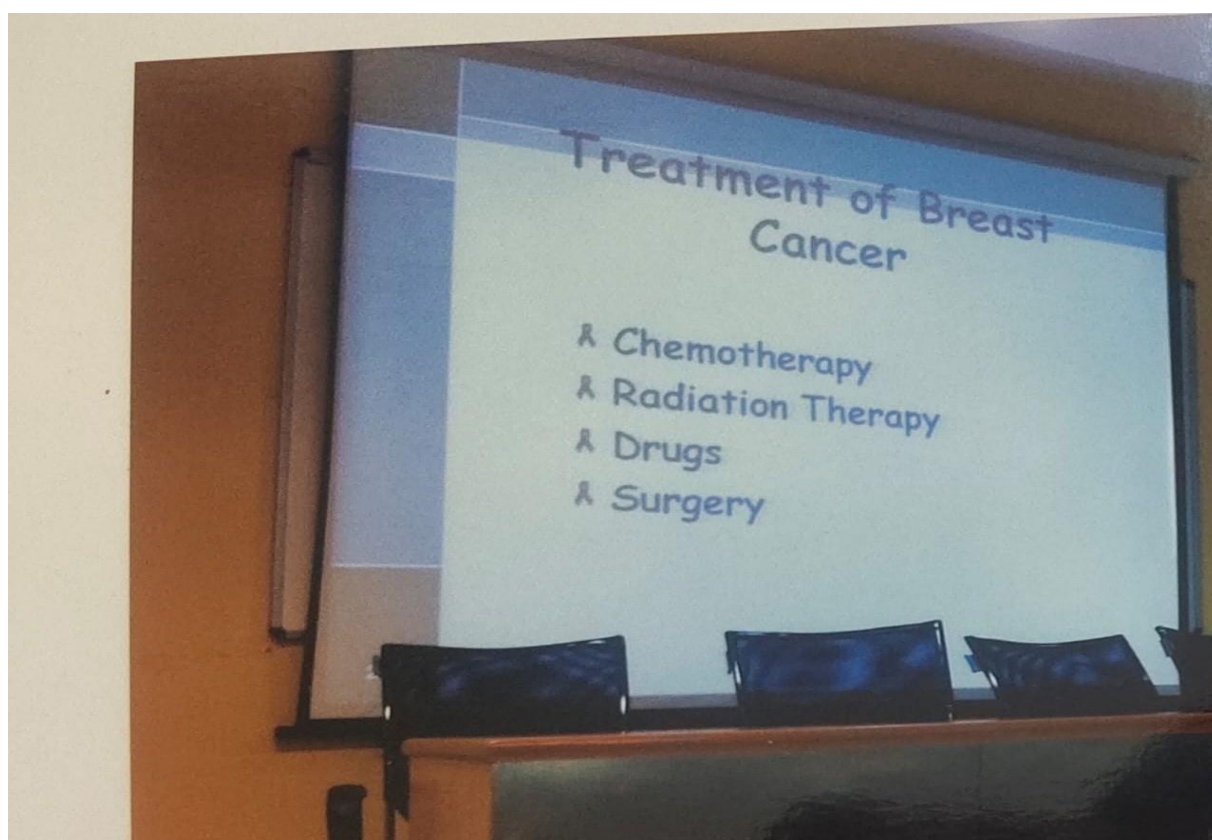
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Altitude	281

AWARENESS PROGRAMME ON BREAST CANCER AND CERVICAL CANCER

Date: 21st March 2015

Department of Nursing under NSS organizes the expert talk on Breast and Cervical Cancer. 20 Students have enrolled for NSS participated enthusiastically. The event was conducted on 21st March 2015 for girls who were accommodating in the hostel. The activities conducted were expert talks by the faculty Ms. Bandana Bisht. Students cleared their queries about various myths and treatment measures regarding breast and cervical cancer.



Awareness programme on prevention &
Treatment of cancer (21st March 2015)

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Altitude	282

AWARENESS PROGRAMME ON TUBERCULOSIS

Date 24th March 2015

Department of Nursing under NSS activity observed World TB day. World TB day is observed globally on 24th March every year. Expert lecture was delivered by Dr. Harmeet Kaur, Principal, Chitkara College of Nursing on TB prevention to the students of Chitkara University enrolled under NSS, so that in turn, they can make the general public aware regarding TB control in the community. The main emphasis was given on prevention of transmission of TB, early diagnosis by getting sputum smear screening and adherence to anti- tubercular therapy. More than 70 students attended the lecture. Students came with their queries regarding Tuberculosis prevention and treatment. The program went successful.



Expert Talk on prevention & treatment of tuberculosis given by Faculty (24th March 2015)



Students attending the awareness Programme (24th March 2015)

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AWARENESS PROGRAMME ON STRESS MANAGEMENT

Date: 4th April 2015

Department of Nursing in collaboration with NSS department conducted an awareness program for boys and girls students residing in the hostel on 4th April 2015 for stress management. Ms. Bandana Bisht vice Principal, Department of Nursing, Organized an expert lecture on stress and its management. Total 40 Students were taught about various measures of coping with stress and strategies to reduce stress of daily living. Also emphasis was laid on measures to reduce the stress of exams and other academics related stress.



Expert talk on Stress Management (4th April 2015)

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AWARENESS PROGRAMME ON DRUG ADDICTION

Date: 4th April 2015

Department of Nursing under NSS organizes the essay writing and poster making competition on drug addiction. 30 Students enrolled for NSS participated enthusiastically. The event was conducted on 4th April 2015 for students who were accommodated in the hostel. The activities were conducted under the supervision of Ms. Kiranpreet Kaur. Students were appreciated by Ms. Harmeet Kaur and certificates were given to the winners of the competition.



Poster making competition on Drug addiction awareness by students (4th April 2015)

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Altitude	276

AWARENESS PROGRAMME ON PREVENTION OF CANCER

Date: 18th April, 2015

Department of Nursing under NSS organizes the expert talk on prevention of Cancer. 30 Students enrolled for NSS participated enthusiastically. The event was conducted on 18th April 2015 for students who were accommodating in the hostel. The activities conducted by giving expert talks by Dr. Harmeet Kaur principal o Department of Nursing, CSHS. Students cleared their queries about various myths and treatment measures regarding cancer.



Students attending the awareness program on prevention of cancer (18th April 2015)

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Altitude	276

AWARENESS PROGRAMME ON FEMALE REPRODUCTIVE DISORDER

Date: 20th April, 2015

Department of Nursing in collaboration with NSS department organizes an expert talk on **Awareness Program on female reproductive disorder**. 30 students of B.Sc. Nursing hostel students participated. Talk was delivered by Dr. Harmeet Kaur Principal, Department of Nursing. She discussed various reproductive disorders, their causes and symptoms. Students actively participated in the talk and clear all their doubts regarding the topic.



Expert talk on Awareness programme of female reproductive disorder (20th April 2015)

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Altitude	276

AWARENESS PROGRAMME ON BEHAVIORAL DISORDERS

Date: 21st April 2015

Department of Nursing under NSS organizes the expert talk on prevention of behavioral disorder. 30 Students enrolled for NSS participated enthusiastically. The event was conducted on 21st April 2015 for students who were accommodating in the hostel. The activities conducted were expert talks by the faculty Ms. Bandana Bisht. Students cleared their queries and talked about various behavioral disorders and treatment measures.



Expert talk on Awareness programme on
Behavioural Disorder by faculty (21st April 2015)

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Altitude	274

KARGIL VIJAY DIWAS

Date: 26th July, 2014

Celebrating the anniversary of the Kargil War, NCC Cadets of Chitkara University delivered speeches. Kargil Vijay Diwas, named after the successful Operation Vijay, is celebrated in India on 26 July. On this date in 1999, India successfully took command of the high outposts which had been lost to Pakistan. The Kargil war was fought for more than 60 days, ended on 26 July and resulted in loss of life on both the sides. The war ended with India regaining control of all the previously held territory, hence re-establishing the status quo ante bellum. Kargil Vijay Diwas is celebrated on 26 July every year in honor of the Kargil War's Heroes. This day is celebrated in the Kargil-Dras sector and the national capital New Delhi, where the Prime Minister of India pays homage to the soldiers at Amar Jawan Jyoti at India Gate every year. Functions are also organized all over the country to commemorate the contributions of the armed forces. **Total 13 cadets participated in this activity.**



Celebrating Kargil Vijay Diwas, NCC Cadets
after delivered speeches (26th July 2014)

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Altitude	282

INDEPENDENCE DAY CELEBRATION AND TREE PLANTATION DRIVE

Date: 15th July 2014

NCC cadets of 5 Punjab Battalion Army NCC celebrates Independence Day 2019 on campus in presence of Honorable Vice-chancellor Dr. Madhu Chitkara. Considering the manifold benefits of trees, including that they release oxygen into the air, absorb unpleasant odours as well as harmful gases such as carbon dioxide, carbon monoxide and sulfur dioxide from the air and purify it, protect us from dangerous ultra-violet rays, provide us with food and the pivotal role played by trees in preventing soil erosion, maintaining ecological balance and most especially in lessening the effects of global warming, the NCC cadets of 5 Punjab Battalion Army NCC team conducts tree plantation drives twice a year. **Total 13 cadets participated in this activity.**



Cadets participated in the Independence Day
Celebration and Tree Plantation Drive (15th July
2014)

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Altitude	282

ANNUAL TRAINING CAMP, RUPNAGAR

Date: 24th September, 2014

Since its inception at the University, NCC has been teaching soldering to many of our student volunteers. **About 12 Cadets of Chitkara University Army Wing NCC attended the Annual Training Camp (ATC) held at NCC Training Academy, Rupnagar (Ropar).** Apart from just learning things related to Army, Chitkara students bagged two medals and one trophy in the camp. Our cadets displayed excellent and outstanding performance and bagged any titles. The camp provided an excellent learning opportunity to all the cadets to imbibe the qualities of a good leader like self discipline, motivation, social adaptability, cooperation, team work, and turn out and how to live under tough conditions. The cadets completed the ATC successfully and were applauded by the other cadets at the camp as well as the NCC battalion that carried out the camp.



Cadets under weapon training at camp
(24th September 2014)

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Altitude	274

REPUBLIC DAY CELEBRATIONS

Date: 26th January, 2015

NCC cadets of 5 Punjab Battalion Army NCC celebrate Republic Day 2015 on campus in presence of Honorable Vice-chancellor Dr. Madhu Chitkara. **Republic Day** is a remarkable day in the history of India as the day when finally the Constitution of India came into effect on January 26, 1950. As part of the celebrations, a scintillating fly-past and flamboyant march past by various wings of the defense have since years been the hallmark of the Republic Day Parade at Rajpath. **Total 17 Cadets participate in the celebration.**



Cadets participated in the Republic Day
Celebration (26th January 2015)

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Altitude	276

FIELD VISIT TO SCIENCE EXHIBITION AT LEISURE VALLEY

17 November 2014

On the occasion of the INTERNATIONAL STUDENTS' DAY, the students of Chitkara College of Education for Women went to a field trip to the exhibition organized by Chandigarh Administration at Leisure Valley, Sector 10, Chandigarh. The exhibition displayed Science, Mathematics and Environmental Education models that had been prepared by the students nationwide. After the exhibition, a discussion session was held in the CIS seminar hall, wherein students shared their views on the present education system. The session was hosted by Uma Sharma. The proceeding began by Ms. Ravneet by sharing her view on the present education system in India followed by Ms. Seema, Ms. Sarpreet, Ms. Archana, Ms. Satbeer, Ms. Asholia, Ms. Jessei, Ms. Kushal. The discussion session was concluded by Dr. Sangeeta Pant who advised and encouraged the students to realize their responsibilities of being a student and become such who can redefine the basis. There were six students who participated in the science exhibition.



Snapshot of students and faculty in the exhibition
(17th November 2014)

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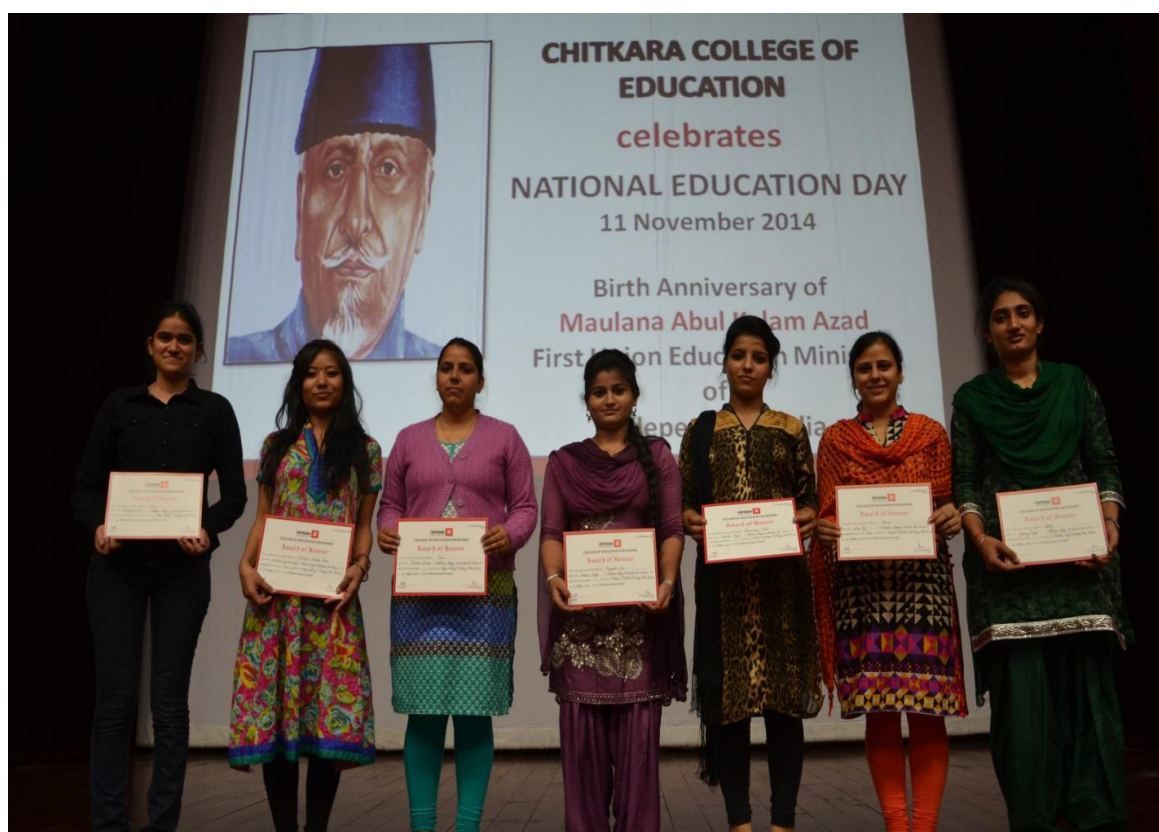
**A picture of students ready to see the exhibition (17th
November 2014)**

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Altitude	355

NATIONAL EDUCATION DAY- SHIKSHIT BHARAT, SAKSHAM BHARAT 11 November 2014

Chitkara College of Education for Women celebrated the 125th birth anniversary of Mr. Maulana Abul Kalam Azad, which is also celebrated as National Education Day in recognition of his contribution to education in India. The theme of the celebration was 'Shikshit Bharat, Saksham Bharat'. Host of events organized for the celebration were mainly elocution, essay writing, slogan writing, poster presentation, notice board decoration. The function started with Ms. Asholia stating one of the famous quotes by Azad "I am proud of being an Indian. I am a part of the indivisible unity that is Indian Nationality..." Moreover, the function stressed on Azad's love for National unity, his contribution to education and some of his life's achievements including his patriotic sense. The program was hosted by Ms. Renu, student of CCEW. Then, Raman, Seema and Renu presented their essays each in different languages. Uma, Sarpreet, Sapna, Satbir participated in poster making. Dr. Sangeeta Pant, Dean of CCEW, held a Quiz for the alpha teachers which were followed by Prize distribution and photograph session of the B.Ed. teachers and faculty members. Total twenty-six students participated in the event.



**Participants with their well-deserved
certificates (11th November 2014)**

GPS

Latitude	30; 30; 56.77559999999935...
Longitude	76; 39; 25.78320000000053...
Altitude	276



Dr. Sangeeta Pant addressing the audience (11th November 2014)

GPS

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Longitude	76; 39; 25.78320000000053...
Altitude	276

EXPERT TALK ON INCLUSIVE EDUCATION 23rd January 2015

Under Internal Quality Assurance Cell, an Expert Talk on the topic 'Inclusive Education' was organized. The keynote speaker of this was the Principal of Institute for the Blind Mr. J.S. Jayara , who himself suffers from Blind Vision but had never let his inability come in between achieving his dreams. He said that senses are gateway to knowledge and it measures the ability of a person not the disability. He briefed the students regarding the various schemes and acts that provide refuge to the differently abled students. He said most of the time Poverty and Disability are two sides of a coin. He encouraged the students that they shouldn't make excuses on the pretext of their disability but their work should be inspiring and motivating for others. He concluded his talk by saying that a person's insight always gives him truthful judgment. Total seventeen student participated in activities.



Mr. J.S. Jayara Principal sharing his views (23 January 2015)

GPS	
Latitude	30; 45; 32.6843997124380...
Longitude	76; 45; 27.8027997565224...
Altitude	345



one-on-one with the Principal (23 January 2015)

GPS

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Longitude	76; 45; 27.8027997565224...
Altitude	345

APNI MANDI
Date: 26th October 2014

Chitkara business school is well aware of the fact that there is more than academics in the field of education and that practical knowledge is the most important, this event was the evidence of entrepreneur skills where students of BBA and B.com followed the heritage of ApniMandi. In this event the numbers of participants were 98.

The fair was arranged by the students with the guidelines of their mentors, which was held in the university campus, there were many ideas which included food stalls and games .This business fair was the best portrayal of managerial skills, financial management and marketing skills by the students.



Students Performing Activity on Apni Mandi
(26 October 2014)

GPS

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Longitude	76; 39; 35.54639999999921...
Altitude	275



Students Performing Activity on Apni Mandi
(26 October 2014)

GPS

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Longitude	76; 49; 50.9572199917167...
Altitude	309

CHITKARA MANDI

Date 26-10-2014 to 27-10-2014

Chitkara Mandi – annual activity of Chitkara Business School concluded on a very high note. The activity took place at Paras Down Town Square, Zirakpur

The activity aims to bring real feel of sales and marketing among MBA students through real life experience. 60 MBA students of Chitkara Business School contacted NGOs, bought more than 100 varieties of products and placed those products in shops set up by them for customers visiting the mall.

The students also raised social concerns of various NGOs through NukkadNataks during the activity.



Students displaying their canopies during the
Chitkara mandi event at Big Bazar (26-27
October 2014)

GPS

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Longitude	76; 49; 50.9572199917167...
Altitude	309

DIABETES AWARENESS DAY

Date: 14th November, 2014

On 14th November Chitkara Business School celebrated diabetes awareness day which was themed as “ill effects of diabetes “. All students of BBA and B.com got an opportunity to create awareness amongst themselves about the disease and its precautions. In each class presentations were shown and few students from each class participated in the discussion which helped them to understand the impact of the disease and how to avoid it. In this event the numbers of participants were 100.



Students Performing Activity on Diabetes Awareness Day (14 November 2014)

GPS

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Longitude	76; 39; 39.60720000002766
Altitude	277



Students Performing Activity on Diabetes
Awareness Day (14 November 2014)

GPS

Latitude	30; 30; 56.4803996925476...
Longitude	76; 39; 39.607200000002766
Altitude	277

HUMAN & CHILD RIGHTS DAY

Date: 10th December, 2014

Chitkara business school celebrated child rights day on 10th December where in students of BBA and B.com were made aware about their rights, discussions were held in classes which created enthusiasm in the students, presentations were made about the rights and what to do during exploitation of rights. This day is celebrated as it gives an inspirational opportunity to acknowledge child rights for a better future for the world. In this event the numbers of participants were 132.



Students Performing Activity on Human & Child
Rights Day (10 December 2014)

GPS

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Longitude	76; 39; 39.3551999999997...
Altitude	277



Students Performing Activity on
Human & Child Rights Day (10
December 2014)

GPS

Latitude	30; 30; 56.56680000000005...
Longitude	76; 39; 39.35519999999907...
Altitude	277

WORLD DISABILITY DAY

Date: 3rd December, 2014

“The only disability in life is a bad attitude” – Scott Hamilton

Chitkara business school celebrated world disability day on 3rd December with passion and liveliness. Awareness was created through presentations and lots of activities were held in classes where students (BBA and B.com) shared their views, played dumb charades and enacted role plays to familiarizethem with communication disorder. In this event the numbers of participants were 98.



Students Performing on Activity World
Disability Day (3 December 2014)

GPS

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Longitude	76; 39; 39.00599999999941...
Altitude	277



Students Performing on Activity World Disability
Day (3 December 2014)

GPS	
Latitude	30; 30; 56.68200000000007
Longitude	76; 39; 39.00599999999941...
Altitude	277

MARKET EXPOSURE ACTIVITY

Date: 24-01-2015 to 07-02-2015

27 MBA students along with two Faculty members from Chitkara Business School participated in 12 days long Market Exposure Program at Mumbai. The program aimed to expose all participants from business school to financial capital of India, Mumbai. Program included various expert sessions from financial market companies, banks & regulators, Branding and Marketing firms, etc.

The students visited RBI, SEBI, AMFI, BSE, NSE, Intellicap, IIT-Mumbai and many other companies to understand current industry trends from experts. It was 12 days rigorous evaluation-based credit linked exposure program which is part of curriculum of CBS programs.



The students were given briefing by officials at
RBI Office, Mumbai (24 January, 2015 to 7
February 2015)

GPS

Latitude	19; 3; 27.57527996681165
Longitude	72; 51; 13.6202399582836...
Altitude	14

RETAIL PROJECT

Date: 22-01-2015 to 30-01-2015

65 MBA Marketing students of Chitkara Business School got an excellent opportunity to experience one of India's largest shopping fests "Big Bazaar "SabseSaste 5 Din". This is an annual activity at Chitkara Business School wherein students of Marketing are assigned to Retail Project to get hands-on experience of managing customer, retail business, inventory, etc on the real grounds.



Students interacting with the customers during the Retail Project (22 January 2015 to 30 January 2015)

GPS

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Longitude	76; 49; 50.9572199917167..
Altitude	309

SAFER INTERNET DAY

Date: 07th February, 2015

On 2nd July Chitkara Business School celebrated safer internet day, where in the basic motive was too aware the students about safe browsing and using internet for their utmost benefit as their responsibility and consideration towards others. In this event the numbers of participants were 72.

In each class point to point discussions were held where students shared their views about the importance of cyber safety.



Students Performing on Activity Safer Internet Day
(7 February 2015)

GPS

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Longitude	76; 39; 40.7736000000150...
Altitude	279



Students Participating in Activity Safer
Internet Day (7 February 2015)

GPS

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Longitude	76; 39; 40.77360000000150...
Altitude	279

ANTI-DRUG ABUSE CAMPAIGN

Date: 24th March, 2015

The students of Chitkara Business School took an initiative in the anti-drug abuse campaign. They participated in activities like Quiz, Rangoli, poster making, Videography to spread the awareness regarding the ill-effects of drugs and inspire everyone to lead a happy and healthy life. Everyone participated with full enthusiasm. In this event the numbers of participants were 63.



Students Performing on Anti Drug Abuse Campaign (24 March 2015)

GPS

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Longitude	76; 39; 38.9123999999721...
Altitude	277



Students Performing on Anti-Drug Abuse
Campaign (24 March 2015)

GPS

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Longitude	76; 39; 38.9123999999721...
Altitude	277

AWARENESS PROGRAM THROUGH 107.8 FM RADIO CHITKARA
NAME OF SCHEME: CHITKARA UNIVERSITY SOCIAL RESPONSIBILITY
Date: 21st March 2015

An Awareness Program on “drug addiction and dependence” was organized by Chitkara College of Pharmacy, Chitkara University, Punjab on 21.03.2015 through 107.8 FM Radio Chitkara where 2 students had participated. Dr. Sandeep Arora, Director CCP and Mr. NK Ahuja, Haryana State Drug Controller delivered talk and discussed about the drug addiction and dependence. The program raised awareness among the youth regarding Drug and alcohol abuse, harmful effects of using drugs and how to save lives. Drug and alcohol abuse are important problems that affect college-age youth at earlier ages than in the past. Young people frequently begin to experiment with alcohol, tobacco, and other drugs during college. Drug and alcohol abuse among students are significant barriers to the achievement of educational objectives was discussed in the session. Dangers due to Drug Addiction were also discussed in the program. These dangers vary depending on the kind of drug used, the length of use, and many other factors. Following dangers were considered in the discussion:

Physical dangers to the user include:

- Developing a tolerance to the drug.
- Withdrawal symptoms when trying to cut back or quit.
- Health problems, like irregular heart rate, high blood pressure, lung damage, and seizures.
- Injury, both accidental and self-inflicted.
- Overdose.
- Death.

Social, professional, or interpersonal consequences can include:

- Becoming pregnant while using drugs and harming the fetus and newborn baby.
- Jeopardizing relationships with friends and family.
- Neglecting work and school responsibilities.
- Involvement in criminal activity and a greater risk of being victimized by crime.



**A Glimpse of Awareness Program through
107.8 FM Radio Chitkara (21 march 2015)**

GPS

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Longitude	76; 39; 31.9175999999862...
Altitude	281

CELEBRATION OF INTERNATIONAL WOMEN DAY

Date: 09th March, 2015

Chitkara College of Pharmacy, Chitkara University, Punjab has organized one day workshop on International Women's Day 2015 on the topic "Gender Equality Medical Sciences Academics & Research Activities" with theme "Empowering Women, Empowering Humanity: Picture it" where 100 students & faculty members had participated. The purpose for organizing the workshop was promoting gender equality in the medical profession. Dr. Sandeep Arora was the chairman for this workshop. This workshop was organized to sensitize stakeholders on gender equality at the workplace. Dr Harbir Kaur Rao, Medical superintendent, Gian Sagar Medical College, Rajpura grace the occasion and gave an expert talk on the topic "Promoting Gender Equality in the Medical Profession: A Physician's Reflection". The medical profession is committed to protect and support the health and well being of all individuals regardless of their gender, cultural or social context. However, the promotion of inequality, gender-based discrimination, and gender stereotypes continues in this very profession from the time of enrolment in medical school until the end of one's professional career. Dr. B. S Sekho, Dr. Rajni Bala, Dr. Inderbir Singh, Ms. Manju Nagpal, Mr. Thakur Gurjeet Singh and Mr. Rakesh Kumar participated in the panel discussion. The following groups of factors have been described as the barrier for women's advancement in medicine: reinforcement of traditional gender roles, discrimination and lack of effective mentoring. Suggested approaches to address these obstacles include: creating supportive female networks among students and practitioners, peer mentoring, using gender-sensitive language and designing good working conditions. As a strategy towards achieving gender equality in health, the importance of educating medical students and practitioners in gender analysis and gender sensitive programming is suggested. Gender analysis contributes to the understanding of differentials in: risk factors and exposures; manifestation, severity and frequency of diseases; and social and cultural responses to diseases. In promoting the modernisation and reforms of the medical curricula, we need to promote training of medical students and health care professionals in gender issues. Understanding the influence of gender roles and gender relations on health is crucial in adequate response of the health sector to the health needs of both women and men. From this workshop we learned that gender equality matters for health. It is one of the most important drivers of health and health inequalities of our time. Beyond quantitative gender equality, we must strive for a cultural transformation that allows for the inclusion of values of transparency, honesty, fairness, and justice. With the evolving landscape, we are in the position to demand more from the evidence, to innovate beyond current discourses, and to realise true gender equality for everyone, everywhere. Achieving gender equality is not simply instrumental for health and development, its impact has wide-ranging benefits and is a matter of fairness and social justice for everyone. The workshop was considered a success as the all 100 participants were overwhelmed by the positive response and enthusiasm.



A glimpse of guest duringworkshop on Gender Equality Medical Sciences Academic & Research Activities (9 March 2015)

GPS

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Longitude	76; 39; 37.37160000000129...
Altitude	275



Participants duringworkshop on Gender Equality Medical Sciences Academic & Research Activities (9 March 2015)

GPS

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Longitude	76; 39; 38.75760000000116...
Altitude	277

SPORTS & FITNESS ACTIVITY

31st October 2014

A bootcamp was organized for the students of Chitkara college of Sales and Retail Marketing along with the young teenagers from the neighbourhood community at Decathlon, Zirakpur. The purpose of this bootcamp was to spread awareness about physical fitness and mental well-being among the youth. As Punjab is facing the problem of drug addiction among the youth, the participants were also apprised about the bad effects of drug addiction. 18 participants involved themselves in the sports activities at Decathlon and enjoyed it thoroughly. They were thrilled and excited after playing different sports. Sports are one of the things which teach you all aspects of management, whether it is time management, human resource management, leadership, motivation, understanding, goal oriented approach, etc. The Team at Decathlon, Zirakpur elaborated all the operations performed at the store- SOP's, Warehouse management, Displays, Inventory control, Billing, etc.



Decathlon Team member explaining the inventory control and stock update process to students of CCSRM (31 October 2014)

GPS

Latitude	30; 37; 10.13735996103776
Longitude	76; 49; 27.6430801248643...
Altitude	301

EFFECTIVENESS OF VISUAL MERCHANDISING

27th December 2014

The purpose of this activity was to educate the small retailers about the importance of Visual Merchandising. Visual merchandising is about how the products should be displayed and what should be the layout of the shop so that the customer is attracted to buy something from the shop. In case of organized retail, Visual merchandising is practised and there are professionals who decide the layout and display of the store. But when it comes to small retailers, they lack knowledge of Visual merchandising. Keeping this thing in mind, 20 students of MBA Sales & Retail Marketing visited the small retailers and educated them how to display the products effectively and how to maintain hygiene and layout of the store so that the customers are attracted towards the shop to buy something. The shopkeepers really appreciated the inputs from the students and for students too, it was a satisfying and enriching experience.



Student of CCSRM elaborating the concept of display in retail sector (27 December 2014)

GPS

Latitude	30; 31; 35.6627996906464...
Longitude	76; 39; 46.7172000000138...
Altitude	285

WORKSHOP ON SELF-DEFENSE (WOMEN EMPOWERMENT)

Date: 9th – 10th March, 2015

Women InEngineering, IEEE Student Chapter Chitkara University, Punjab organized an enthusiastic two day workshop and a session on Self-Defense on the occasion of International Women's Day on 9th -10th March, 2015. The complete session reflected the immense importance of women power in the society. The session was graced by Mrs. Poonam Sharma, honorable mayor of Chandigarh whose inspirational words really uplifted the students to walk unafraid with courage. The workshop was taken by Chi Kwando Martial Arts Association and was conducted with an aim to demonstrate and make students learnt about various techniques of self-defense with the support of DSW. A total of 100 students participated in the event and a glimpse of the workshop is presented beneath.



Workshop on Self-Defense (9-10 March 2015)

GPS

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Longitude	76; 39; 31.74479999999859...
Altitude	278

RADIO TALK: EYE DONATION AWARENESS

Date: 28th August 2014

“Of all the senses, sight must be the most delightful,” These distinguished lines given by Helen Keller aptly sum up the Technical Communication Radio Show organized by Chitkara School of Languages on Eye Donation Awareness to mark the eye donation week.

15 Masters Students of Optometry drove home the point by assuming roles of people from various walks of life and a freewheeling and invigorating session ensued. They talked about pertinent topics ranging from the role of optometrists in this domain to thwarting myths associated with eye donation and in the process; they unraveled “eye opening” facts.

The talk was certainly an ‘Eye Opener’ for the listeners as the students delved deep into the facts and figures.



Radio Talk on Eye Donation Awareness by
B.Optomtry students (28 August 2014)

GPS

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Longitude	76; 39; 31.91759999999862...
Altitude	281

FLOOD RELIEF PROGRAMME FOR JAMMU AND KASHMIR

Date: 19th October 2014

The Chitkara School of Planning and architecture, Chitkara University – Punjab exhibited their social responsibility and hearted participation in the relief efforts for victims of floods in the state of jammu& Kashmir. On 19/10/2014 the students sent 300 blankets for affected people of j&k. The bundle of newly purchased items were seen off by students and various faculty members of CSPA. The sending off was presided over by Pro. I.J.S. Bakshi, Director, CSPA, Prof. Surjit Bais, Principal, CSPA, Wg Cdr. R.S. Gill, Vice President – University Affairs, and Ms. Rina Angel, Associate Director – Administration. 180 students and 41 faculties in total participated in the event.



**Sending off by CSPA Students & faculty
(19 October2014)**

GPS

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Longitude	76; 39; 36.5652000000119...
Altitude	286

**WORKSHOP ON "DISASTER RISK ASSESSMENT OF THE BANK SQUARE
AREA OF SECTOR 17 CHANDIGARH"
Date: 7-8th November 2014**

Chitkara School of Planning and Architecture organized a workshop on "Risk assessment of the Bank square area of Sector 17 Chandigarh", on 7-8th November, 2014. The case study area is part of the southern zone reserved for the district administration and is home to all important nationalized banks and other offices. This results in high density of people and vehicles making it vulnerable to various types of hazards like fire, theft, etc. 90 students in 13 groups of CSPA worked in workshop.

The aim of the workshop was to assess disaster risks in the buildings and spaces in and around the Bank Square, thus applying and testing the theory learnt in this subject of disaster risk assessment. The study was carried out through on site observation, interviews with bank officials, fire officers, and people from municipality. Documentation for various issues related to the subject was also carried out. Initial observations showed that some banks were well informed and equipped for the main hazard they anticipate, the fire and theft/burglary but many others are not. In fact a major rethought needs to be done at site level, where it is almost impossible to manoeuvre a car, let alone a fire engine.



**Students and faculty members interacting on
site.(7-8 November 2014)**

GPS

Latitude	30; 44; 26.22912000000036...
Longitude	76; 47; 12.6123360312774...
Altitude	353



Interaction with the Shop Owners regarding various parameters of the Disaster Risk Management(7-8 November 2014)

GPS

Latitude	30; 44; 26.2291200000036...
Longitude	76; 47; 12.6123360312774...
Altitude	353



Group Photograph of Participants

GPS

Latitude	30; 44; 26.2291200000036...
Longitude	76; 47; 12.6123360312774...
Altitude	353

**EXHIBITION ON "DISASTER RISK ASSESSMENT OF THE BANK SQUARE
AREA OF SECTOR 17 CHANDIGARH"**

Date: 4-5th December 2014.

Chitkara School of Planning and Architecture had a Jury for the work done by the students as part of the Workshop on, "Risk assessment of Bank square, Sector 17, Chandigarh". 90 students in 13 groups exhibited their sheets and the viva was conducted over two days on 4-5th Dec, 2014.

With over 100 sheets on display, approximately 30 banks, one eatery joint and some private offices were covered for the study. Each building block was analyzed at various floor levels for its vulnerability to hazards that included faulty wiring, encroached balconies, cracks, lack of fire fighting systems and many more. The areas surrounding the buildings were also thoroughly studied for the issues related to emergency evacuation, access of emergency vehicles i.e fire engine, ambulance and police vehicle, existing parking, vegetation etc. Over and above field investigation, the students also formulated proposals for structural and non structural mitigation measures.

Dr. K.K Sharma, Head of Department, BBA-B Com/ Chitkara Business School reviewed the work. Dr Sharma has been associated with the field of disaster management through his work at UN level. He listened to all the groups with utmost patience and the students benefited immensely from his questions and feedback. He was impressed by the in-depth analysis and quality of work. Dr. Sharma, Prof. IJS Bakshi(Director, CSPA) and Prof Surjit Bais(Principal, CSPA) also stressed that the work should be presented to the people working in the banks. This would be useful information for them to make the place disaster safe.

The exhibition was also visited by Dr. S.C Sharma, Registrar, Lt Col Rakesh Sharma (Retd) Associate Director, University Affairs and Jyotsna Kaushal, Dy.Dean, School of Applied Sciences, Chitkara University.

The workshop has been conducted by Ar. NiyatiJigyasu, Ar. Kanika Bansal and Ar. Ankita Sood.



**Prof. NiyatiJigyasu explaining the exhibit to the
Guests(4-5 December 2014)**

GPS

Latitude	30; 31; 2.153999999999498
Longitude	76; 39; 37.97639999999849...
Altitude	285

SOCIAL WELFARE INITIATIVE AT PINGALWARA

Date: 7th April 2015

As a part of social welfare initiative a visit to Pingalwara was organised by Chitkara School of planning and architecture, Chitkara University, Punjab on 7th April 2015 as an activity under NSS. NSS Volunteers of Chitkara School of Planning & Architecture and Chitkara visited "All India Pingalwara Charitable Society, Chandigarh Branch, Palsora (Mohali). A group of 40 students and 4 faculty members visited the place and interacted with the inmates (physically handicapped, old age people, etc.) residing there and spending time with them. They organised various activities like games, dance and other recreational activities. Also certain gifts were given to the inmates.



CSPA Students interacting with inmates of Pingalwara(7 April 2015)

GPS

Latitude	30; 44; 1.80992399883706...
Longitude	76; 43; 30.5563082133883...
Altitude	325



Candid moment at Pingalwara (7
April 2015)

GPS

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Longitude	76; 43; 30.5563082133883...
Altitude	325



Students & faculty members playing
games with inmates of pingalwara (7
April 2015)

GPS

Latitude	30; 44; 1.80992399883706...
Longitude	76; 43; 30.5563082133883...
Altitude	325

SIX MONTHS BASIC COMPUTER COURSE TRAINING
4th August 2014 (STARTING DATE)

53 under privileged students of 10th Batch were awarded with the certificates for six months' basic computer course training by Punjabi Welfare Society in association with Chitkara Education Trust. Exam was conducted on 26-02-2015.

MOU was signed on 8 December, 2010 between Punjabi Welfare Society, Cheeka and Chitkara Education Trust for six-month basic computer training course under "Mission Outreach". This agreement is based upon the commitment to promote free of cost, charitable, need based education for underprivileged section of the society. Prof.Gautam Malik and Prof. Harvinder Singh, Associate Professor in Mechanical Engg are looking after all the correspondence with the Punjabi Welfare Society.

First batch which started in October ended in March and External exam was conducted on 26 March, 2010. Students are trained for M.S Excel, M.S Word, Power Point Presentation, Paint etc. Certificates are provided by Chitkara Educational Trust. Some of past students have been placed in good firms and are earning good amount which makes their parents feel proud.



Certificates being offered (4 August
2014)

GPS

Latitude	30; 2; 30.490079952622189
Longitude	76; 19; 46.990560100705
Altitude	247



Certificates being offered (4 August 2014)

GPS

Latitude	30; 2; 30.490079952622189
Longitude	76; 19; 46.990560100705
Altitude	247



Certificates being offered (4 August 2014)

GPS

Latitude	30; 2; 30.490079952622189
Longitude	76; 19; 46.990560100705
Altitude	247

SIX MONTHS BASIC COMPUTER COURSE TRAINING
1st June 2015 (STARTING DATE)

44 under privileged students of 11th Batch were awarded with the certificates for six months' basic computer course training by Punjabi Welfare Society in association with Chitkara Education Trust. Exam was conducted on 31-10-2015.

MOU was signed on 8 December, 2010 between Punjabi Welfare Society, Cheeka and Chitkara Education Trust for six-month basic computer training course under "Mission Outreach". This agreement is based upon the commitment to promote free of cost, charitable, need based education for underprivileged section of the society. Prof. Gautam Malik and Prof. Harvinder Singh, Associate Professor in Mechanical Engg are looking after all the correspondence with the Punjabi Welfare Society.

First batch which started in October ended in March and External exam was conducted on 26 March, 2010. Students are trained for M.S Excel, M.S Word, Power Point Presentation, Paint etc. Certificates are provided by Chitkara Educational Trust. Some of past students have been placed in good firms and are earning good amount which makes their parents feel proud.



Certificates being offered (1 June 2015)

GPS

Latitude	30; 2; 30.490079952622189
Longitude	76; 19; 46.990560100705
Altitude	247

SEVEN DAYS NSS CAMP
7th September to 13th September, 2014

The first day of the camp started with a pledge delivered by Prof. S.S. Bais, Principal to 40 NSS volunteers. Thereafter, a presentation was given by Ms. Neelam, NSS Programme Officer of Chitkara University, Punjab on the history of NSS and about its services & objectives, etc. After the presentation the students were divided into groups and a committee was formed for various tasks like report writing, photography, refreshment, presses, etc. An interactive session was also conducted by Mr Gurpreet Singh, School Officer NSS, Chitkara School of Planning & Architecture. He disclosed to the volunteers about today's growing societal issues like reduction in Agricultural Land, decrease of water level in Punjab & the youth drifting away from the roots of religion giving rise to drug addiction in Punjab.

On the second day, a poster making competition was held as 8th Sep is widely celebrated as "Literacy Day". Hence, the topic for poster making was "Literacy Day". A lot many entries were received which were then selected and displayed in the second half at our Display Gallery for benefit of all CSPA students.

On the third day, the first lecture was started by Neha Singh, Asst Prof, Chitkara School of Planning & Architecture. She is also a National Player in Lawn Tennis. Her lecture was on importance of Sports & Time Management. It was very knowledgeable for our NSS Volunteers as she told them such techniques which they can use during their academics. After tea break, there was a next lecture on "Prevention against Ebola Virus" by Ruchi Singhal, Asst Prof, Chitkara College of Pharmacy. This session was very informative as she spoke about this dangerous disease which transfers from person to person through sweating and body fluids and can cause death in 7 days. Right now, this disease is prevalent in Africa and had not yet entered India. If it comes to India, then, it will be a big disaster for the society. So, she told us about various precautions & preventions we should take if this disease occurs. Lastly, the day ended with a workshop on "Fire Fighting" held by the experts from Fire station, Rajpura. Our volunteers were educated with various firefighting techniques and a demonstration was given on fire alarm, different types of fire extinguishers and how they work and were also shown live how to stop the fire. So this day concluded very well.

The fourth day was very educative & informative for all of us. The day started with a seminar on Drug abuse by Dr. Gurpreet Singh, Associate Professor in Mechanical Engineering, Department. YCOE, Punjabi University, Patiala. He enlightened us about how drug addiction has spread widely in Punjab and all over India. It was shocking for all of us to hear that Punjab, being a religious place, is the most addicted in Drugs especially in Amritsar. He showed video how drugs get transferred from Pakistan to Punjab and then to Delhi and its price hike and about small children involved in drugs addiction. It was an eye opening & motivating session. We all took a pledge to stop this social evil of drugs at domestic level first. After lunch break, the day concluded by clothes collection for Donation and

Interaction with Local Labours on the topics like drug de-addiction, hygiene, education, etc. and to live a positive life.

The day five was led by a lecture on Disaster Management by Ms. NiyatiJigyasu, Associate Professor, Chitkara School of Planning & Architecture. She informed us about the causes, prevention and mitigation strategies for different disasters. We were informed about the aftereffects and safety measures to be taken after a disaster occurs. Later, after the break, we went for an interactive session with the students of Govt. High School, Jhansla. We all noticed that they were very happy & excited like us when we met them. We got to know about their interests, aims or what they want from their life. Some of our volunteers spoke on various topics like health, hygiene, sports, etc and informed them to help them out, so that, they have a better future ahead. Then, we all moved to Chitkara Sewing Centre. We all interacted with them and got to know that they all have financial crises and really work hard for their livelihood. Then the volunteers went for the survey in Jhansla village to know about their perspective of life and what improvements they want in their village. Village people discussed their problems and the main motive was on drug deaddiction. 10% population of Jhansla village is drug or alcohol consumer. Thus, our volunteers got awareness about the ratio of drug/alcohol addicted persons and were motivated to take initiative to work on this issue.

On day sixth, we had a very interesting interactive session on importance of Hindi by Dr. Sangeeta Pant, Dean, Chitkara College of Education for Women, C.U. (Pb). She discussed on topics like creativity, stress, etc. It was an activity cum interactive session for our volunteers like poetry writing, speaking Hindi and importance of Hindi Language, which is our National Language, etc. were held on this day. This session was very educative and knowledgeable for all of us. After the break, there was a presentation on Drug/Tobacco abuse by Dr. S.P. Surila (M.B.B.S, D.C.M. & H., ex Civil Surgeon, Mansa). He told us about various ill effects on use of drug/tobacco in our health. The presentation was very informative. After lunch, a documentary film "Roots of love" by Prof. Harjant Gill was shown. It is based on decreasing ratio of Sikh Youths in Punjab wearing turban today and increase in shedding of their hair. This film covers interviews among 5 families with different views on haircut and turban tying. It was quite sensational and touching. After the documentary film, preparation for the cultural programme was done.

Lastly, the seventh day ended with a cultural programme followed by Valedictory Function. The Chief Guest was Prof. IJS Bakshi, Director, Chitkara School of Planning & Architecture. The other guests who attended this function were Ms. Neelam, NSS Programme Coordinator, Chitkara University, Prof. Surjit Bais, Principal, Chitkara School of Planning & Architecture, Ms. Neha Singh, Assistant Professor, Ms. NiyatiJigyasu, Associate Professor, Chitkara School of Planning & Architecture and Mr. Gurpreet Singh, School Officer NSS, Chitkara School of Planning & Architecture and many more teachers of Chitkara University. The day went well with joy, enthusiasm and full zeal to move forward for the welfare of the society.

These seven days NSS Camp was a big success to enlighten our students with the rising problems on our society and to take steps forward to remove these obstacles completely.



Presentation on Disaster Management by Ms. NiyatiJigyasu (7-13 September 2014)

GPS

Latitude	30; 31; 1.945200000002032
Longitude	76; 39; 37.8864000000177...
Altitude	285



Interaction of Faculty & Volunteers with the students of Govt. High School, Jhansla(7-13 September 2014)

GPS

Latitude	30; 31; 37.1567999999970...
Longitude	76; 39; 48.65399999999806...
Altitude	285



Sensitize Rural Women of Chitkara Vocational Center by
the NSS volunteers & of Faculty
(7-13 September 2014)

GPS

Latitude	30; 31; 37.1567999999970...
Longitude	76; 39; 48.65399999999806...
Altitude	285



Dr. Sangeeta Pant delivering a session on Importance of
Hindi Language (7-13 September 2014)

GPS

Latitude	30; 30; 59.1443994601868...
Longitude	76; 39; 36.3924000000116...
Altitude	282

CELEBRATION OF WORLD HEART DAY

30th September, 2014

Under NSS Chitkara College of Nursing organized poster competition on “World Heart Day” On 30th September 2014. Students exhibited their talent through their artwork. Posters were displayed for all the students, faculty and staff. Total 50 students participated enthusiastically in the Competition. The students expressed their ideas through colors, sketches & pencil colors & accompanied with relative capture & slogans on posters. It was great opportunity to watch these young minds trying to create their ideas about Heart that is our special organ, we appreciated their participation. It was a tough competition since everybody did a great job. Though everyone gave their best response but being a competition, we had to adjudge the result.

Winners of the Competition

1st prize - Ms. Athira Nair from Chitkara College of Nursing

2nd prize - Ms. Ramandeep Kaur from Chitkara College of Nursing

The prizes & Certificates were distributed to students by Mrs. Bandana Bisht, Vice Principal, Chitkara College of Nursing. All over it was a great and successful celebration of “World Heart day” enjoyed by everyone.



Student's Participation in Poster Making on World Heart Day (30 September 2014)

GPS

Latitude	30; 30; 56.60640000000042
Longitude	76; 39; 32.81040000000168...
Altitude	276



Student's Participation in Poster Making on World
Heart Day(30 September 2014)

GPS

Latitude	30; 30; 56.60640000000042
Longitude	76; 39; 32.81040000000168...
Altitude	276

CELEBRATION OF WORLD SIGHT DAY

9th October, 2014

World sight day is an annual day of awareness held on the 2nd Thursday of October, to focus global attention on blindness and vision impairment. World sight day 2014 is on 9th October 2014. This year the "call of action" for world sight day is "no more avoidable blindness". On this occasion, the NSS department in collaboration with Chitkara Health Sciences, B.Sc Optometry second year 30 students organised an Eye care camp at Gurudwara sahib in village Thuha. Medical team from Gian Sagar Hospital, Banur was invited to conduct the screening camp. More than 200 students of Govt High School, Thuha and the local villagers were screened and were educated about the various precautionary dietary tips. Skits and charts were also displayed to educate the population about eye donation this event was facilitated by Dr. Preeti Pardhan (Dean CSHS) Dr. Meenakshi Sood (HOD CSHS) Miss Mehak Kapoor (Assistant Professor CSHS) Ms. Neelam (Programme Coordinator NSS) Chitkara University Punjab. It was a successful camp in real.



Eye-Check-up of villagers by Medical Team on
World Sight Day(9 October 2014)

GPS

Latitude	30; 30; 5.05029600037950...
Longitude	76; 39; 45.2947320617387...
Altitude	275



Eye-Check-up of villagers by Medical Team on World Sight Day (9 October 2014)

GPS

Latitude	30; 30; 5.05029600037950...
Longitude	76; 39; 45.2947320617387...
Altitude	275



Eye-Check up of villagers by Medical Team on World Sight Day (9 October 2014)

GPS

Latitude	30; 30; 5.05029600037950...
Longitude	76; 39; 45.2947320617387...
Altitude	275



Eye- Checkup of villagers by Medical Team on World Sight Day (9 October 2014)

GPS

Latitude	30; 30; 5.05029600037950...
Longitude	76; 39; 45.2947320617387...
Altitude	275



Educating the villagers about eye donation by the NSS Volunteers (9 October 2014)

GPS

Latitude	30; 30; 5.05029600037950...
Longitude	76; 39; 45.2947320617387...
Altitude	275

CELEBRATION OF MENTAL HEALTH DAY
10th October, 2014

As 10th October, 2014 globally celebrated as Mental Health Day, Chitkara College of Nursing organised lecture session for 50 Students & NSS volunteers. Under this program discussion was made on mental illness i.e. Schizophrenia. Lecture was taken by Miss Bandana Bisht. Program was successfully completed.



**Participation of Students in the session on
Mental Health day (10 October 2014)**

GPS

Latitude	30; 31; 2.49959999999553...
Longitude	76; 39; 32.04719999999719...
Altitude	281



Participation of Students in the session on Mental Health day (10 October 2014)

GPS

Latitude	30; 31; 2.49959999999553...
Longitude	76; 39; 32.0471999999719...
Altitude	281



Miss Bandana Bisht Presenting a session on Mental Health day 10 October 2014

GPS

Latitude	30; 31; 2.49959999999553...
Longitude	76; 39; 32.0471999999719...
Altitude	281

BLOOD DONATION CAMP 17th October, 2014

Feels great when our kindness saves someone's life. When it comes to mankind and saving lives, nothing can be better than donating blood. With the vision of collecting maximum unit of blood, A BLOOD DONATION CAMP, was organized by NSS Department with collaboration of School of Computer Science and Engineering and Mechanical Engineering on 17th October 2014 from 9 am to 4 pm under the guidance of Ms. Neelam Verma, the Program Coordinator NSS Chitkara University (Pb).

Students were seen contributing in different ways by organizing, managing, advertising and assisting the crowd. Around 100 students donated the blood including 15 faculty members.



**Contribution of Students in Blood Donation
Camp (17 October 2014)**

GPS

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Longitude	76; 39; 32.2956000000012
Altitude	280



**Contribution of Students in Blood Donation Camp
(17 October 2014)**

GPS

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Longitude	76; 39; 32.29560000000012
Altitude	280



**Students donating Blood at Blood
Donation Camp (17 October 2014)**

GPS

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Longitude	76; 39; 32.29560000000012
Altitude	280



Students donating Blood at Blood Donation Camp (17 October 2014)

GPS

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Longitude	76; 39; 32.29560000000012
Altitude	280



Students donating Blood at Blood Donation Camp (17 October 2014)

GPS

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Longitude	76; 39; 32.29560000000012
Altitude	280



Contribution of Faculty in Blood Donation Camp (17 October 2014)

GPS

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Longitude	76; 39; 32.2956000000012
Altitude	280



Students donating Blood at Blood Donation Camp (17 October 2014)

GPS

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Longitude	76; 39; 32.2956000000012
Altitude	280



Students donating Blood at Blood Donation Camp (17 October 2014)

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Longitude	76; 39; 32.2956000000012
Altitude	280



Students donating Blood at Blood Donation Camp (17 October 2014)

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Longitude	76; 39; 32.2956000000012
Altitude	280



**Group Photograph of the Organizing Team on
Blood Donation Camp (17 October 2014)**

GPS

Latitude	30; 30; 59.28840000000049...
Longitude	76; 39; 32.29560000000012
Altitude	280

CELEBRATION OF NATIONAL UNITY DAY
31st October, 2014

Manpower without Unity is not a strength unless it is harmonised and... united properly, then it becomes a spiritual power.

Sardar Vallabhai Patel

In order to carry forward the legacy of and to spread awareness about Sardar Vallabhbhai Patel's contribution in Indian history, the government has declared his birth anniversary as Rashtriya Ekta Diwas or National Unity Day. The NSS unit of Chitkara College of Education in collaboration with Chitkara International School celebrated Rashtriya Ekta Diwas on 31 October 2014. The celebrations commenced with oath taking by all teacher educators, prospective teachers, schoolteachers and 40 NSS volunteers and staff in the school auditorium. This was followed by showcasing few videos to all which were based on the theme of unity and motivation. As National Unity Day is being launched with a run for unity so, all the students gathered thereafter for the same and ran for the same.



**Oath taking ceremony by Faculty and Students
on Rashtriya Ekta Diwas (31 October 2014)**

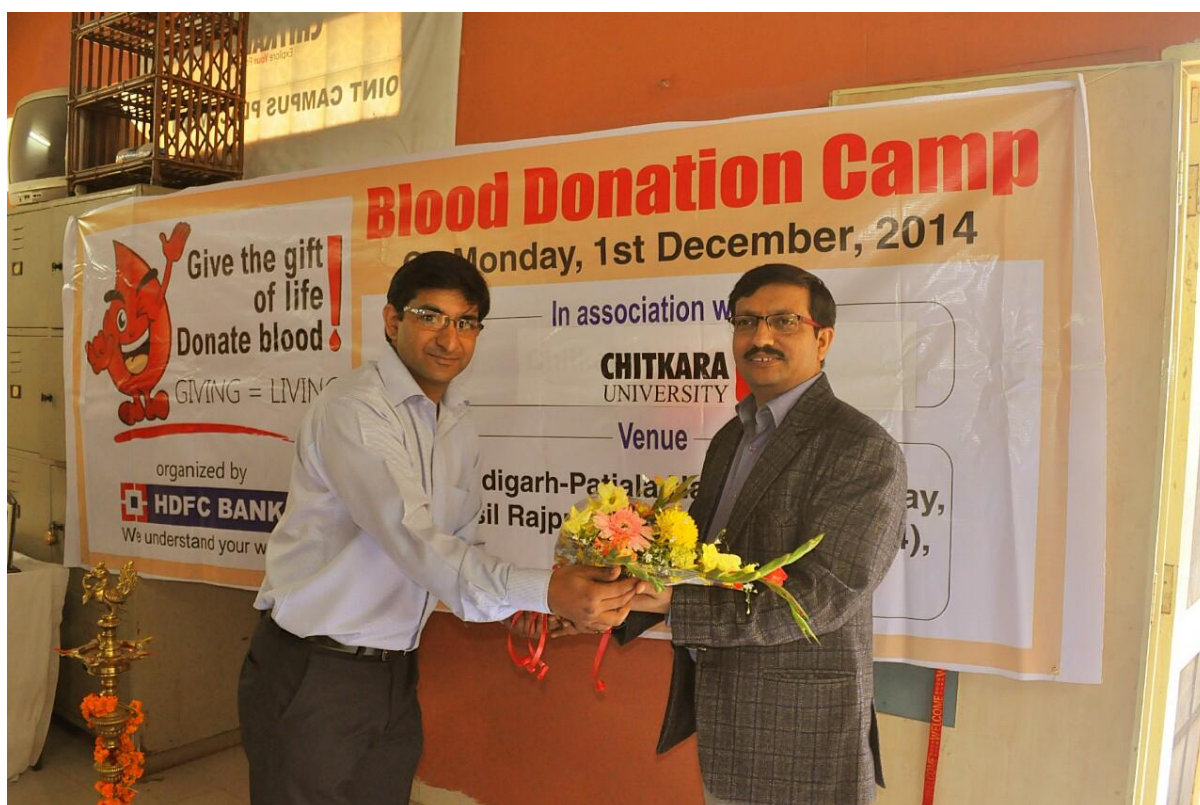
GPS

Latitude	30; 30; 56.8548000000009...
Longitude	76; 39; 26.0748000000019...
Altitude	276

BLOOD DONATION CAMP

1stDecember, 2014

This is no better donation than a blood donation. On the last day of NSS Camp on 1stDecember, 2014, a blood donation camp was organized by the volunteers of Nation Social Service (Department of Pharmacy, MCA and BCA), Chitkara University, Punjab in collaboration with HDFC Bank. There said, every drop count. A team of Doctors from Gyan Sagar Medial College and Hospital Banur were present in the Campus. Total 75 volunteers donated blood. Refreshment and certificates were given to the blood donors.



Beginning of Blood Donation camp by Dr. S.C. Sharma, Registrar, Chitkara University, Pb (1 December 2014)

GPS

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Longitude	76; 39; 32.2956000000012
Altitude	280



Candle Lightning ceremony on Blood Donation camp (1 December 2014)

GPS

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76: 39: 32.2956000000012
280



Contribution of People on Blood Donation Camp (1 December 2014)

GPS

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30: 30: 59.2884000000049...
76: 39: 32.2956000000012
280



Contribution of People on Blood Donation camp (1 December 2014)

GPS

Latitude	30; 30; 59.28840000000049...
Longitude	76; 39; 32.29560000000012
Altitude	280



People donating Blood in Blood Donation Camp (1 December 2014)

GPS

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Longitude	76; 39; 32.29560000000012
Altitude	280



People donating Blood in Blood Donation Camp (1 December 2014)

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Longitude	76: 39: 32.29560000000012
Altitude	280



People donating Blood in Blood Donation Camp (1 December 2014)

GPS

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Longitude	76: 39: 32.29560000000012
Altitude	280



People donating Blood in Blood Donation Camp (1 December 2014)

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Longitude	76; 39; 32.29560000000012
Altitude	280



People donating Blood in Blood Donation Camp (1 December 2014)

GPS

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Longitude	76; 39; 32.29560000000012
Altitude	280



**People donating Blood in Blood
Donation Camp (1 December 2014)**

GPS

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Longitude	76; 39; 32.29560000000012
Altitude	280

WORKSHOP ON HIV/AIDS
1ST DECEMBER, 2014

The health talk was delivered to the 10th standard students of Govt. High school, Jhansla on 1st December 2014 from 02:30pm to 04:00pm by Students of B.Sc. Nursing 2nd year & NSS Volunteers of Chitkara College of Nursing under the supervision of Ms. Kiranpreet Kaur, School Officer NSS Chitkara College of Nursing. 85 students were present during the health talk. Quiz was conducted at the end of session.



Delivering a Health Talk to the Students of Govt. High School, Jhansla (1 December 2014)

GPS

Latitude	30; 31; 37.50960000000049...
Longitude	76; 39; 47.86920000000154...
Altitude	284

BLOOD DONATION CAMP 24thDecember, 2014

“Donate your blood for a reason, let the reason to be life” Considering blood donation as indispensable element of one’s life to save lives of other people, we at Chitkara University encourage our students to participate in this noble cause. It is one of the best things that can be done to serve humankind. 75 students and many staff members turned up to donate blood voluntarily.



**Encouraging Students for Participation in Blood
Donation camp (24 December 2014)**

GPS

Latitude	30; 37; 40.0162800162797...
Longitude	76; 57; 51.6945599999743...
Altitude	344



Encouraging Students for Participation in Blood Donation camp (24 December 2014)

GPS

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Longitude	76; 57; 51.6945599999743...
Altitude	344



Contribution of Students in Blood Donation camp (24 December 2014)

GPS

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Longitude	76; 57; 51.6945599999743...
Altitude	344



Contribution of Students in Blood Donation camp

GPS	
Latitude	30; 37; 40.0162800162797...
Longitude	76; 57; 51.6945599999743...
Altitude	344



**Contribution of Students in Blood Donation camp
(24 December, 2014)**

GPS

Latitude	30; 37; 40.0162800162797...
Longitude	76; 57; 51.6945599999743...
Altitude	344



**Contribution of Students in Blood Donation camp (24
December, 2014)**

GPS

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Longitude	76; 57; 51.6945599999743...
Altitude	344



**Students Donating Blood at Blood donation Camp (24
December, 2014)**

GPS

Latitude	30; 37; 40.0162800162797...
Longitude	76; 57; 51.6945599999743...
Altitude	344



**Contribution of Faculty in Blood Donation camp (24
December, 2014)**

GPS

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Longitude	76; 57; 51.6945599999743...
Altitude	344

AWARENESS PROGRAM ON MENSTRUAL HYGIENE
17th January to 21st March, 2015

Students of NSS unit attended the Awareness program on Menstrual Hygiene. Expert lecture was given by faculty of Chitkara College of Nursing, Ms. Aarti Dhiman, Tutor on 17th January 2015 at 10 am in Pulitzer Hall. Discussion was made on care during menstruation, diet and about ensuring women and girl's lives in an environment that values and supports their ability to manage their menstruation with dignity. Program went successful.

Students of NSS unit attended the Awareness program on Common Gynaecological problems like Ovarian cysts, Pelvic pain, Endometriosis, Uterine fibroids, Polycystic ovarian syndrome (PCOS), Acne and abnormal female hair distribution, Genital tract infections, Vulva and vagina skin disorders. Expert lecture was given by Dr. Harmeet Kaur Principal, Chitkara College of Nursing on 31st January 2015 at 10 am in Pulitzer Hall. Discussion was made on various gynecological problems and about its treatment and Home Remedies. Program went successful.

On 12th February 2015 students under NSS conducted Awareness Program for adolescents at Govt. High School, Jhansla as well as for females in Village Jhansla. Students delivered talk on reproductive health & menstrual hygiene and about diet. We were delighted to see that the journal was highlighting this neglected component of adolescent health, including the increasing efforts worldwide to empower, educate, and engage country leaders, communities, families, and adolescent girls and boys about menstruation, and the rights of women and girls to hygienically, comfortably, and safely manage their periods. Group made queries about menstrual hygiene. Program went successful.

Expert Lecture was conducted by Ms. Kiranpreet Kaur, Lecturer, Chitkara College of Nursing for Students of NSS unit and Hostlers Discussion was made of HIV/AIDS on February 21st, 2015 at 12 pm in Faraday Hall. Discussion was made on HIV/AIDS, its causes, treatment, prevention and immune system that helps the body fight off infections. Untreated HIV infects and kills CD4 cells, which are a type of immune cell called T cells. Over time, as HIV kills more CD4 cells, the body is

more likely to get various types of infections and cancers. Lecture was successfully completed.

Chitkara College of Nursing organized Expert Talk on Organ Donation. Students of NSS unit attended the Expert Lecture on Organ Donation. Talk was given by Director of Mohan Organ Donation Foundation on 4th March 2015 at Pulitzer Hall. Director of Mohan Organ Donation Foundation said every day, lives are saved and improved by the gift of life, sight and health. Although 156 million people have registered as donors, we all need to sign up.

Students of NSS unit attended the expert lecture on Energy Saving. Expert lecture was given by faculty of Ms. Anu, Tutor on 14th March 2015 at 3pm in Einstein Hall. She gave some tips to save energy like Change your light bulbs to LEDs. If possible, wash your clothes in cold water. Sealing cracks, gaps, leaks, and adding insulation can save up to 10% on home heating and cooling costs. Clean or replace all filters in your home regularly. Dirty filters make your system work harder and run longer than necessary. Discussion was made on Energy saving methods and about things to be taken care of. Program went successful.

Students of NSS unit attended the Awareness program on Cervical Cancer. Expert lecture was given by Ms. Bandana Bisht, Vice-Principal, Chitkara College of Nursing on 21st March 2015 at 10 am in Pulitzer Hall. She said that we have the knowledge, tools, and technologies to eliminate cervical cancer, yet the disease remains a leading cause of cancer deaths for women in too many countries. Discussion was made on issues related to cervical cancer. Program went successful.

Chitkara College of Nursing under NSS activity observed World TB day. World TB day is observed globally on 24th March every year. Expert lecture was delivered by Dr. Harmeet Kaur, Principal, Chitkara College of Nursing on TB prevention to the students of Chitkara University enrolled under NSS, so that in turn, they can make the general public aware regarding TB control in the community. The main emphasis was given on prevention of transmission of TB, early diagnosis by getting sputum smear screening and adherence to anti- tubercular therapy. 75 students

attended the lecture. Students came with their queries regarding Tuberculosis prevention and treatment. The program went successful.



NSS Volunteers delivering a health talk to the Females of Village Jhansla (17 January to 21 March 2015)

GPS	
Latitude	30; 31; 36.7103999999962...
Longitude	76; 39; 47.5596002854871...
Altitude	285



NSS Volunteers delivering a health talk to the Females of Village Jhansla (17 January to 21 March 2015)

GPS	
Latitude	30; 31; 36.7103999999962...
Longitude	76; 39; 47.5596002854871...
Altitude	285



NSS Volunteers interacting with the Females of Village Jhansla (17 January to 21 March 2015)

GPS	
Latitude	30; 31; 36.7103999999962...
Longitude	76; 39; 47.5596002854871...
Altitude	285



NSS Volunteers delivering a health talk to the Females of Village Jhansla (17 January to 21 March 2015)

GPS	
Latitude	30; 31; 36.7103999999962...
Longitude	76; 39; 47.5596002854871...
Altitude	285



NSS Volunteers delivering a health talk to the Females of Village Jhansla (17 January to 21 March 2015)

GPS	
Latitude	30; 31; 36.7103999999962...
Longitude	76; 39; 47.5596002854871...
Altitude	285



Faculty and students attending an Awareness Programme on Menstrual Hygiene (17 January to 21 March 2015).

GPS	
Latitude	30; 31; 36.7103999999962...
Longitude	76; 39; 47.5596002854871...
Altitude	285



**Director of Mohan Organ Donation Foundation
presenting a Lecture on Organ Donation (17 January to
21 March 2015)**

GPS

Latitude	30; 31; 2.49959999999553...
Longitude	76; 39; 32.0471999999719...
Altitude	281



**Faculty and students attending an Awareness
Programme on Organ Foundation (17 January to
21 March 2015)**

GPS

Latitude	30; 31; 2.49959999999553...
Longitude	76; 39; 32.0471999999719...
Altitude	281



Faculty and students attending a Session on HIV/AIDS by Ms. Kiranpreet Kaur (17 January to 21 March 2015)

GPS

Latitude	30; 30; 57.09960000000013
Longitude	76; 39; 33.1955999999770...
Altitude	276



Ms. Anu Singla giving an Expert lecture on Energy saving (17 January to 21 March 2015)

GPS

Latitude	30; 30; 57.09960000000013
Longitude	76; 39; 33.1955999999770...
Altitude	276

CELEBRATION OF ORGANIC HOLI

4th March, 2015

Over sixty NSS student volunteers from Chitkara School of Mass Communication organized and participated in a campaign promoting 'Safe and Green Holi' on 4th March, 2015. This event was specially conducted for the school children of 'Government High School' at Urdan village.

This programme aimed to inspire the children to play safe Holi. To start off, the significance of the festival was narrated by the students. The function comprised of various events including poem recitation, NukkadNatak, musical performances and even a humorous show to raise awareness in a lighter vein.

Along with these awareness activities, fun games were also organized in which the school children participated enthusiastically. The school children were also involved in various cultural activities and prizes were given out for participation. In line with the theme of the event, herbal colours were also distributed along with playing 'Tilak Holi' to spread the message of piousness associated with the festival.

The students of CSMC were accompanied by their school NSS Officer Mehak Uppal along with Gitanjali Kalia and Hamendra Kanwar.

Mr. Bhupinder Singh, Principal, Government Middle School, Urdan shared "It was wonderful to see the students from the Chitkara University interacting with the students of our school. They are very inspired and want to now play a safe Holi this year. Apart from that, the students are also very happy to be a part of the cultural activities."



Celebration of Organic Holi with the Students of Government High School, Urdan (4 March 2015)

GPS

Latitude	30; 31; 3.87793202488687...
Longitude	76; 41; 33.8323917137459...
Altitude	281

TRIP TO PINGALWARA 1ST APRIL, 2015

With the Motto of serving everyone, Chitkara College of Education organized one day NSS Camp to Pingalwara, Mohali. The camp was coordinated under the guidance of Ms. Neelam, NSS Programme Coordinator. As the name suggest,Pinhgalwara means the house for destitute. This place is the real example of vselfless good deeds. The residents of Pingalwara are disabled and handicapped. It also includes the people suffering from incurable and terminal diseases. Various activities are organized for these people for their entertainment. The experience was heart wrenching as 50 students were deeply moved by the way fate works.



**A Group Photograph with the residents at
Pingalwara (1 April 2015)**

GPS

Latitude	30; 44; 1.622399999992723
Longitude	76; 43; 30.8315999999757...
Altitude	326



Activities conducted by the NSS Volunteers for the residents of Pingalwara (1 April 2015)

GPS

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Longitude	76; 43; 30.83159999999757...
Altitude	326



Participation in the activities by residents of Pingalwara conducted by NSS Volunteers (1 April 2015)

GPS

Latitude	30; 44; 1.622399999992723
Longitude	76; 43; 30.83159999999757...
Altitude	326



Interaction of NSS volunteers with the people of Pingalwara (1 April 2015)

GPS

Latitude	30; 44; 1.622399999992723
Longitude	76; 43; 30.8315999999757...
Altitude	326



Interaction of Faculty with the residents of Pingalwara (1 April 2015)

GPS

Latitude	30; 44; 1.622399999992723
Longitude	76; 43; 30.8315999999757...
Altitude	326



Interaction of NSS volunteers with the people of Pingalwara (1 April 2015)

GPS

Latitude	30; 44; 1.622399999992723
Longitude	76; 43; 30.83159999999757...
Altitude	326



A Group Photograph of Faculty and Students at Pingalwara (1 April 2015)

GPS

Latitude	30; 44; 1.622399999992723
Longitude	76; 43; 30.83159999999757...
Altitude	326



A Group Photograph of Faculty and Students with the residents of Pingalwara (1 April 2015)

GPS

Latitude	30; 44; 1.622399999992723
Longitude	76; 43; 30.8315999999757...
Altitude	326