



**ACTIVITY REPORT**

<b>Name of the activity</b>	Value Added Course on Usher the change with behavioral design	<b>Date</b>	07th November 2022-11th November 2022
<b>Name of the Moderator</b>	Dr. Rashmi Aggarwal	<b>Time</b>	9:15 am to 12:15 pm to 1:15 pm to 4:15 pm
<b>Name of the Resource Person</b>	Mr. Sumeet Khosla	<b>Mode</b>	Offline
<b>Nature of the activity</b>	Value Added Course	<b>Program &amp; Batch</b>	B.Com(Hons.) Batch 2020
<b>Number of students participated</b>	93	<b>Academic Session</b>	2022-23

**About the Activity**

The sessions were very interactive, and the students enjoyed every bit of it. Following amazing topics related to creativity and problem solving, creative visualization, and hierarchy, the Difference between empathy v/s sympathy, and learning about what is fear. It was a great experience for all the students. The sessions helped to boost the confidence of the students as students every day took the initiative to stand and explain their part of the understanding of how to be more creative in the corporate world. Overall, the sessions were amazing and motivating and helped in increasing the students' career prospects. The trainer also divided the students into different teams and let play the activities which lead them to know how a team needs to be more cooperative and how in a team tasks become more easier, and he also told us about the cycle i.e. Overall the session was very beneficial because the students came to know about how to be a time saver not a time waster and learning about time management strategies for the improvement in the use of your time. As a part of Value-added course taught by Mr. Sumeet Khosla, the perspective of students towards life changed altogether.

**Aligned Activity Outcomes with Objectives**

Activity Objectives	Activity Outcomes
1. To focus on holistic education	The students were made to do creative visualization
2. To engage the students in a proactive and thoughtful process of self-examination with regard to personal ideals	The students were made aware about how by being creative you can solve up your problems
3. To learn how to be creative	The students learnt to work effectively in collaborative teams and how team can be cooperative to each other in every activity.

**GLIMPSES OF THE ACTIVITY**



*Mr Sumeet Khosla interacting and conducting an activity for the students*