

ACTIVITY REPORT

Name of the activity	Boost Your Confidence	Date	February 16, 2023
Name of the Moderator	Dr. Rishu Bhardwaj	Time	9.15 a.m. -12.15 p.m.
Name of the Resource Person	Dr. Daman	Mode	Offline
Nature of the activity	Career Counselling Session	Program & Batch	BBA- P & SCM 2022 Batch
Number of students participated	100	Academic Session	2022-23

About the Activity

Confidence building Workshop is organized for the students of BBA- Professional and L&SCM 2022 batch. The aim of the workshop is to empower young minds to become more effective and successful individuals, both professionally and personally. The workshop covered range of interventions including assessments to develop self-awareness, analyzing barriers to confidence building.

Aligned Activity Outcomes with Objectives

Activity Objectives	Activity Outcomes
To boost the confidence level of students required to face interviews.	Students were able to identify their weakness and areas of improvement in their personalities.
To enhance the personality of students to overcome fear of rejection in Interview	Students were more confident towards the end of workshop as they felt prepared to face the stage.

GLIMPSES OF THE ACTIVITY



Dr. Daman enlightening students about Unleashing their inner power for Confidence boost